

A few simple ideas for Holy Week



Sacred Space – Set up a small dedicated space somewhere in your home. You can add items that bring meaning to Holy Week e.g. some greenery for Palm Sunday, a prayer that you like, a small cross (you can make one if you don't have one), a candle. You will think of your own ideas, which make your sacred space special for you.

Holy Thursday – As you eat your meal in the evening try to be aware of Jesus eating with his disciples on this night.

Wash your hands in a bowl at the table before eating as a sign of the washing of the feet.

Say grace before meals thanking God for the Food on our table and thanking God for our parish community, the body of Christ.



Giving Thanks

For food in a world where many walk in hunger;
For faith in a world where many walk in fear;
For friends in a world where many walk alone;
We give you thanks, O Lord.

Parish Webcam

No Morning Mass

Mass of the Lord's Supper – 7.30 pm

Guided Prayer – 8.15 pm



Good Friday – Join us at 12.00 for the Voices of Easter. Play some music to remind you of the special day this is. Try to spend a time in quiet at 3.00pm remembering how much Jesus loves us. He loves enough to die for us.

You could try making some hot cross buns; there are lots of recipes on the Internet. Say a prayer giving thanks before eating them.

Parish Webcam

Morning Prayer – 10.00 am

Voices of Easter – 12 noon

The Lord's Passion – 3.00pm

Stations of the Cross – 7.30 pm

Prayer at the Cross – 8.15 pm

Holy Saturday – This is traditionally a waiting time. Use the day to prepare your sacred space for Easter Sunday. You could make a small Easter garden with a picture of the tomb or some stones to represent the tomb.

Join us for the Easter Vigil at 8.00pm with your own candle to light.



Parish Webcam
Holy Saturday
Morning Prayer - 10.00 am
EASTER VIGIL - 8.00 pm
Easter Sunday
Mass - 10.30
NO EVENING MASS

This is a link to a resource which helps you to participate in the Holy Week ceremonies online.

http://www.liturgy-ireland.ie/uploads/8/4/2/9/8429650/k___l_bringing_holy_week_home.pdf

STATIONS OF THE CROSS ONLINE AND OTHER RESOURCES WORTH DIPPING INTO

<https://www.dublindiocese.ie/holy-week-and-easter-resources/>

Music Links from YouTube

Classical

Allegrì – Miserere Mei deus

<https://www.youtube.com/watch?v=6n9EYT1R3l0&list=RD83kndEsHqMc&index=2>

Music for Holy Week

https://www.youtube.com/watch?v=YITP0RhICV4&list=RDYITP0RhICV4&start_radio=1&t=11

Traditional

Oh Sacred Head – The Daughters of Mary

<https://www.youtube.com/watch?v=0gHS7a4Okq8>

Were you there – The Peguero Sisters

<https://www.youtube.com/watch?v=LRaFdFkOVyY&list=RDFpSScICWJ9M&index=5>

Best Catholic Hymns and Songs of Praise – The Daughters of Mary

<https://www.youtube.com/watch?v=6LVZ07IAg4M>

Contemporary

Mix of Praise and Worship – Uplifting

https://www.youtube.com/watch?v=DKwcFiNe7xw&list=RDDKwcFiNe7xw&start_radio=1&t=4120

John Michael Talbot

<https://www.youtube.com/watch?v=EcXOkht8w7c&list=PLbArARBRiCo-N9d3xf9tzSJi4keVprmS8>

Taize

<https://www.youtube.com/watch?v=Ibb-kaurSW0&list=PL20163F8AD86D27A9>

Good luck with all of your creative enterprises!

We'll keep one another in prayer over this sacred time.