Well, with Christmas over and Lent fast approaching, it is time to take a closer look at 'The Holy Year of Mercy' and what it means for each one of us on a personal level.

The word 'mercy' speaks of God, in relationship with us, His people, especially the weak, the poor and the sinners.

Mercy is not a feeling, an emotion or a biblical concept. Mercy is God who comes to meet my sufferings, touch my sins and heal my misery.

Every time you come across the word 'mercy', it says first of all something about you, and then something about how God loves you.

The good thing is that we don't have to think and understand this on just one Sunday - the jubilee of mercy continues for the whole year! We are pilgrims on a journey, going through the 'door' which is Jesus - a door that is always open, open to all without exception!

The Holy Year of Mercy is just not another religious initiative, another box to tick. It is a time of great grace for each one of us. Jesus is waiting to embrace us, forgive us and most importantly to love us unconditionally.