

## **What is SPRED ?**

SPRED stands for SPECIAL RELIGIOUS EDUCATION.

SPRED consists of small groups of people in parishes who come together to form little communities of faith and friendship with people who have learning disabilities,

The groups grow together by following an appropriate method of catechesis designed and arranged to meet their needs.

Our aim is to prepare the way for our friends for full participation in the liturgical life of parish community.

Sessions last two hours every two weeks.

Each group has 6 friends and 6 Catechists.